

---

# On Praying

I AM NOT UTTERING A FINAL PRONOUNCEMENT NOR EXPRESSING AN ESTABLISHED DOCTRINE, BUT I AM RESEARCHING TO THE LIMIT OF MY ABILITY, I AM DISCUSSING THE MEANING OF THE SCRIPTURES AND I DO NOT CLAIM TO HAVE UNDERSTOOD THAT MEANING WHOLLY OR PERFECTLY, ON MANY POINTS I HAVE A PRELIMINARY IDEA.

ALL BIBLICAL QUOTATIONS ARE TAKEN FROM THE AV “KING JAMES VERSION”

FROM THE WORKSHOP OF “FAITH FOR THE HOPEFUL”  
A PRODUCTION OF WAESHAEL - COPYRIGHT 2018. THURSDAY,  
DECEMBER 6, 2018

## Table of Contents

<b>Which God is yours?</b>	<b>4</b>
<b>Tribal gods of America</b>	<b>7</b>
<b>Trinitarian formula for god</b>	<b>19</b>
<b>Baptisms not accepted by some</b>	<b>20</b>
<b>Which god do you pray to?</b>	<b>21</b>
<b>How to start a prayer</b>	<b>24</b>
<b>You have to be good</b>	<b>25</b>
<b>The Necessity of Prayer</b>	<b>26</b>
<b>Pray quietly in your closet</b>	<b>27</b>
<b>Grace at mealtime</b>	<b>29</b>
<b>Understanding the spiritual message</b>	<b>30</b>
<b>Advice on asking the Father</b>	<b>33</b>
<b>Pray Continually</b>	<b>35</b>
<b>Don't worry, be happy</b>	<b>38</b>
<b>Doing your part? Sometimes</b>	<b>39</b>
<b>Ask for spiritual gifts, not toys</b>	<b>40</b>
<b>Humility</b>	<b>42</b>
<b>Freedom, but put The Father first</b>	<b>44</b>
<b>Let go your desire for attachments</b>	<b>47</b>
<b>Simplify your life</b>	<b>50</b>

P. 3

<b>Doing for others</b>	<b>51</b>
<b>Gospel of Jesus</b>	<b>53</b>
<b>The Jesus Prayer</b>	<b>53</b>
<b>The Father and health</b>	<b>54</b>
<b>Praying for others</b>	<b>55</b>

## Which God is yours?

---

When I was a child at school in England, I just prayed to something outside in space somewhere. I never stopped to wonder which god I prayed to. I had been told there was only one god, and He probably was English.

It wasn't until I met a Mormon, that I recognized we had different ideas about god. And later I found that Jews and Muslims also had a different understanding of god. So did a lot of non-trinitarian Christians.

My sister is a buddhist and she has an entirely different understanding of god.

Which god were **they** praying to, I wondered? It wasn't Jesus or The Father.

Imagine that a group of us were **all** praying for the soul of a man who was an

Atheist—which god would answer the prayers? You probably never ask which god people are praying to.

How does anyone know what you consider to be **your** god, unless you describe your god to them? At your funeral, hopefully the minister will be sending you off to **your** god. <sup>1</sup> How would your family guarantee this?

If you were a Jew your god would be called **Hashem**, and all Jews know this. Hashem is described in the Tanakh <sup>2</sup> and every Jew knows Hashem.

---

<sup>1</sup> The minister arranges for the transfer of your soul to Paradise. Hopefully He will send you to the right one.

<sup>2</sup> Tanakh is the Basic portable Jewish Law Book. It contains the five books of Moses, the Prophetic books and other writings.

If you were a Muslim your god would be **Allah**, and most Muslims know the 99 names of Allah from the Qur'an.

But if you call yourself a Christian, no one can be sure who is your god. You might think He is the god who created the world, who is called **Elohim** in the Jewish Tanakh. Or you might think He is **Hashem** who made Adam from dust. Those gods had no son. Did you know this? None of the Old Testament gods had a son, according to Jews and Muslims.

You might think that god is described by the Trinity in Unity formula. That god consists of the Father, The Word, and the Holy Ghost, all one essence ( I show this as god<sup>3</sup>.)

This is the traditional Christian understanding. God<sup>3</sup> has no name and

P. 7

cannot be categorized, and is described by the formula of the Nicene Creed or Athanasian Creed (full details in **Who is God** on this bookshelf.

If you were a Mormon, there are at least two gods, ***The Father*** overall, called ‘Heavenly Father,’ (**God** or **Elohim** of the Old Testament) and Jesus who is the God of this world who is called Jehovah (**LORD** in the Old Testament)

## **Tribal gods of America**

---

I had a dream and realized that I needed to talk about the many gods of various religions.. This though popped into my head.

‘ **there are many gods but only one Jesus.**’

I woke and thought about this idea. I had been reading a book on Mohammed yesterday and discovered that the Arabs were pagans before he arrived. They had dozens of idols. Each tribe had their own gods.

That's it, I thought. Every tribe has created its own god that meets its particular needs. And when Muhammad came he wanted to consolidate the Arab tribes into a nation, but to do it he had to consolidate their gods into one god. And so Allah was created.

It worked. The tribes coalesced when they adopted Allah. They also had to obey Muhammed.

Surely this idea applies to the all 'tribes.'

When Jesus started there were many gods still being worshipped by the Israelites.

There was the Samaritan god and Hashem, and Elohim. There were dozens of pagan Romans and Greeks gods. There were Zoroastrians, Essenes, Nazarites, Pharisees, Sadducees, worshippers of Baal, and so on.

He began in a small way to introduce the idea of The Father to his disciples, and after they agreed with it they spread this idea abroad.

Jesus experienced the one true deity within Himself. Peter said that for the benefit of the disciples and His family, Jesus referred to this Deity as Abba in Aramaic, and we write it as '***The Father***' in our Bible.

“And he said, **Abba**, Father, all things are possible unto thee; take away this cup from me: nevertheless not what I will, but what thou wilt.” Mark 14:36, KJV.

***The Father*** was responsible for the creation of the Universe from nothing. The

P. 10

Father created everything in it and had created the first human, perhaps more than 100,000 years before Adam.

The Father is an enigma, about which nothing is known. The Father is evident only through the created things of this world.

Jesus alone knew The Father. No-one had known anything about The Father until Jesus was sent to reveal The Father to the lost sheep of Israel.

Whatever the Israelites understood about 'god' was from their own experience and imagination. Ezra was the first Judean to try to describe 'god' and to give god a name. This was c., 440 BCE.

All around the civilized world in India, China, Syria, Britannia, people had an idea of 'god.' In the 1st century there were hundreds of gods.

In the Greek speaking world of the Mediterranean there were dozens of gods being worshipped. It seemed that every nation had its own gods.

Constantine the Emperor of the Empire, in c. 300 believed that he could control his empire better if there were less gods to follow. His Bishop suggested two gods, one transcendent and unknowable who was in charge, and one imminent and very personal god that people could relate to. Eventually an authority was established by fiat to make this idea compulsory in the Roman Empire. The Bishops were called to a meeting in Nicaea to work out the nature of thee gods, and all Bishops were required to sign a document of acceptance. The two gods were amalgamated into one god. Jesus was declared to have been god on the earth, and now He was The Christ in heaven with

P. 12

the Father. And so came Roman Catholicism. Eventually most of the pagan tribes in the Mediterranean region accepted this Deity as **The God**.

But it wasn't to last—the rules of this god were painful for some. There was a lot of infighting and schisms during the next few hundred years, with various groups (tribes) vying for a different god.

The Catholic Church was eventually destroyed because the Germans decided the Romans worshipped the wrong god. This was the Arian controversy. It wasn't until the 11th century that the Roman god was reinstated as **The God**. But the Western church and the Eastern church squabbled over the exact nature of this god, and so we ended up with two gods for catholicism both called 'god,' but having different natures and different rules.

Then in the 16th century, a German tribe wanted a different god from the Catholic god which was hampering their ability to become wealthy. The church was getting most of the surplus funds of the princes. The German princes split off from the Catholic Church and created a god which better met their needs. This was a god that allowed them freedom to be bad without fear of punishment from the Church or from their god.

The freedom they wallowed in, spread across the countries of what is now Europe, and each tribe created an authority which described a god that was specific to that tribe's needs.

Even England was infected by this desire for freedom from the Catholic god. The King of England took on the responsibility to be an authority for religion and created

what we call Anglicanism. The English god did not require obedience to the Pope, nor purgatory—a place for the punishment of good people who were not automatically consigned to hell. English people were free of the fear of excommunication for violation of the Roman Church laws.

Puritans in England and Europe didn't like the English god, and wanted their own god which allowed individuals to establish personal rules of conduct based on their own conscience. They wanted no central authority telling them how to behave.

The English King banned them from the country and sent them to Europe and eventually to America where they set up societies with no central authority. Each tribe could establish its own god, though all tribes claimed their god was 'The God,' and

no one understood they actually were different versions of 'god.'

When the American Independence happened in 1776, the leaders of the country, mostly Protestant and Deists, decided not to have any central authority for religion. In the declaration of Independence Jesus was never mentioned as an influence on the moral laws of the new USA. God was often mentioned, but this was an American god drawn strictly for the citizens, and not the same as *The Father of the Son*, nor the Son. It was not the god of the Nicæan creed which was thought to be a Catholic innovation.

The god of the Constitution was actually modeled on the Noachide god Hashem as defined in Talmud. In 1991 this god was mentioned in PL 102 signed into law by

P. 16

George Bush at the insistence of Orthodox Jewry.

By 1776, America leadership had wandered a long way off from the idea of god as Jesus knew god.

The Federal government had made it clear that they would impose no particular idea of god on the population. Each State could teach what they wanted.

Methodists and Presbyterians, Anglicans and Baptists and so on, established their own central authority figures, independent churches, and schools. Each religion taught a different set of the rules to live by that were sanctioned by their particular god.

In the mid 19th century amid an explosion of religious fervor in the USA dozens of new religious groups formed each

with its own tribal ‘god,’ that was different to those of the mainstream religions.

There were Mormons, Adventists, Witnesses, Quakers, Mennonites, Scientists, and so on with different ideas of what was god and what were His rules.

Each had different ideas of how people should conduct their lives in order to be acceptable to the tribe. But in a short time these large tribes divided into smaller tribes because of differences of opinion about god.

Some gods would not allow drinking of alcohol, some of coffee. Some gods did not allow dancing, some, no blood transfusions. One god did not allow any medicines. Another would not allow smoking. Some gods did not allow usury (interest on loans.) Some gods required the head to be covered in church. Some that baptisms were by

P. 18

immersion, some by sprinkling of water. And so on. There were hundreds of variations in the teachings of these gods.

Strangely Jesus taught none of these ideas. His Father said nothing to Him about smoking, dancing, etc.

So, in order to keep its members from questioning the rules, each tribe had a Bible written with added commentary to support the ideas of the church about their own god.

By the year 2000 there were some 400 major tribes and over 20,000 smaller tribes in the USA who had specific rules for their particular tribe, and there were some 500 New Testaments written since 1950 to suit their beliefs.

Any person who was frustrated with the rules of one tribe could defect to another

P. 19

tribe that had more liberal rules. Some tribes had almost no rules to follow, except that of tithing, of course.

**The only constant in all these changes since the 16th century has been Jesus.**

As I said: there are many gods but only one Jesus.

## **Trinitarian formula for god**

---

Different ideas of what **is** God can be a stumbling block to a person's acceptance into a community of believers. A Roman Catholic convert to Mormonism must give up the Trinitarian idea of god, and accept a tribune god in which the Father and the Son have bodies independently yet share the same intentions, or way of thinking. Both

Father and the Son are perceptible to the senses (hear them, see them etc.)

It should be obvious that a difference in 'gods' is what keeps Muslims, Jews and Mormons from being accepted into Christian congregations.

## **Baptisms not accepted by some**

---

It is not so clear why a baptism performed by one Christian Pastor, is not recognized by some others. In the case of a non-trinitarian baptism, like that of Mormons and Jehovah's Witnesses, the fact that the Pastor has a different understanding of god, makes that baptism 'invalid' in the eyes of Catholics, Anglicans, Episcopalians and Orthodox. Any convert to catholicism in any of its shades, must be baptized by a Pastor who has a proper understanding of god<sup>3</sup>.

## Which god do you pray to?

---

When you pray, what god are **you** thinking of? The Trinitarian Christian god<sup>3</sup> is not Allah, nor Hashem. Christians do not pray to either of those gods. And we know that different Christian churches preach different gods, though they don't advertise this. Pastors want you to think that their god is a universally accepted god. There is only ONE god they say. But what they mean is that **their tribe has a particular idea of God** and all have agreed to accept their definition—it's in the small print under 'we believe.' somewhere in the church literature.

Let's look at the Mainstream catholic churches (Anglican, Roman, Orthodox.)

In the 'Our Father' prayer we address the Father but the prayer itself is heard by The

Christ (the Word). Christ is the intermediary between man and the Father. Christ passes on the prayer to His Father.

Now, you know from my earlier books 'It's All About Jesus,' exactly who is ***The Father***, and that it is not the Jewish God nor the Muslim God.

Now, the Jews say that there is only Hashem for them, and he is unknown to the gentiles, and will be revealed to them at the end of time after they have accepted Judaism, and the Messiah arrives. Hashem has no son.<sup>3</sup>

Muslims say that Allah created the Universe, and Allah is the only god, who has no son, and Christians do not know Allah.

---

<sup>3</sup> Hashem is a type of Elohim, though less powerful.

If you are attending a non-traditional church, what does your Pastor think of god? Does he pray to the same god as you? When he prays for the congregation are these prayers being misdirected to some other god? How would you know?

Let us assume for this discussion that you have a clear understanding that god is Trinitarian—you pray to **The Father of The Son** in the name of Jesus. You are a ‘traditional’ Christian and probably belong to a mainstream religion. The Pastor prays to God The Father, God the Word, and God the Holy Ghost using the trinitarian formula Each week the congregation says the Nicene Creed in unison. It starts out “We believe...” meaning the Pastor and the Congregation (the Church) together believe in the Trinitarian formula.

Perhaps you don't attend any church at all but still live by the rules of Jesus. You have the idea of god<sup>3</sup> as a Trinity in your head when you communicate with god.

## **How to start a prayer**

---

Now how should you begin your private prayer to the Father: this is just a suggestion.

The Father of Christ:<sup>4</sup>  
I forgive all people who have injured me,  
and I wish no harm to any.  
I offer you my  
mind, heart and soul  
for Your Kingdom.  
May it become a reality  
in the lives of my friends and family.

---

<sup>4</sup> Christ is: God The Word in the re-incarnated Jesus. There is no ambiguity here. This does not disagree with a Trinitarian formula for god.

I am your faithful son ...(name)

## You have to be good

---

Clement in the 1st century said that your prayers are heard by the Father if you are doing good—that is: **doing the will of the Father.**

Jesus said He will count you as a brother if you **do the will of His Father.** You and Jesus are children of the Father if you are ‘brethren.’

According to Bp. Clement (d. 100AD) if you have any evil in your heart, the Father will not respond to your prayer, but Satan might.

People who worship Hashem, the god of the Israelites, will not have their prayers heard by ***The Father***.

According to Judaism, any Christian who say that Jesus is the son of their God who created Adam,<sup>5</sup> is a blasphemer and is worthy of the death sentence.

Read *'It's all about Jesus - Book ONE.'* on the bookshelf here.

Read *'It's all about Jesus - Book TWO.'* to see what you must do to be good.

## **The Necessity of Prayer**

---

Gregory of Nyssa (b.335) said:

---

<sup>5</sup> Hashem is the god in Ge 2:4 who made Adam. He is also the God of Abraham, Isaac, and Jacob only.

“If ... A man leaves God out and gives his attention to nothing but his business, then he is inevitably opposed to God, because he is separated from Him.”

Prayers must be directed to god<sup>3</sup> from the heart. The Kingdom of god<sup>3</sup> is inside you, as Jesus said.

If you pray aloud it is for the benefit of others in the congregation.

## **Pray quietly in your closet**

---

The Master always prayed alone, except one time when he was teaching the disciples how to direct prayers to The Father, rather than to the Pharisees' god, Hashem.

Jesus taught his disciples that they should always pray in private “in their closet” and not pray out loud as did the hypocrites.

P. 28

What he meant, by “in your closet” was to internalize the prayer so that the spirit within could pass on the message to *The Father* - spirit to Spirit.

In fact, spoken words during prayer may distract everyone who is trying to pray to god directly.

You can pray out loud to show kids how to pray, as did Jesus in Gethsemane to his ‘children.’ Make sure that any prayer is truly coming from your heart, not your head, and make sure it is not just for a public display of your piety.

How should you teach your kids to pray at meals?

Well, we do ask for daily bread in the ‘Our Father.’ This is a request for the Words of Jesus, who is the bread of life. Children

should give thanks for his teaching, not only for real food.

“thank you Father for helping me to be aware of

- what is the right thing to do
- What it means to honor our parents
- How to make peace with others
- How to forgive others
- How to become pure in heart”

and so on. Then when the prayer is over everyone is remembering Jesus and thinking about how to be good.

## **Grace at mealtime**

---

I was having lunch with my Spiritual director, a Christian Brother who was Pastor for a Roman Catholic Church in Charleston, and asked him to say the blessing. He smiled at me. “Do you think that there any special

P. 30

words we must say? The Father already knows what is in our hearts.”

It isn't advisable to make a public announcement of what is in your heart. Jesus wants your prayers to come from the heart secretly,<sup>6</sup> The Father can't hear speech, but can 'see' into your heart.

## **Understanding the spiritual message**

---

To understand anything that The Master has spoken, your spirit must receive the

---

6(Mt 6:6) But thou, when thou prayest, enter into thy closet, and when thou hast shut thy door, pray to thy Father which is in secret; and thy Father which seeth in secret shall reward thee openly.

underlying spiritual message subliminally.<sup>7</sup> The words you hear are actually a pointer to some truth about *The Father*, not readily apparent.

When The Master told the listeners a spiritual truth it was in the form of a **parable** which was difficult to understand. And while a man was puzzling over the parable, which kept his mind distracted from worldly worries, the Holy Spirit went to work subliminally, passing on the spiritual truth to the man's spirit. Those *blessed of The Father* who had ears to hear understood the message. The *multitudes* did not.

The prayer called "Our Father" was created by Jesus to teach the apostles which

---

<sup>7</sup> subliminal: unconscious, hidden, concealed

god to pray to. All righteous Israel <sup>8</sup> prayed to their God Hashem. But Jesus taught His ‘free’ disciples to pray to The Father. <sup>9</sup>

There are mysteries in this prayer and those of you not yet *blessed of the Father*, as Jesus defined *blessed* in the Sermon on the Mount, the meaning may be veiled.

The Church Fathers have written many books about the meaning of the Lord’s prayer. Gregory of Nyssa (b 335) wrote “The Lord’s prayer” ISBN 0-8091-0255-2 a very readable translation.

---

<sup>8</sup> Pharisees and Scribes were righteous people, as were the Prophets. As were many observant Jews who lived by the Covenant. But there were some unrighteous Pharisees.

<sup>9</sup> Free disciples were those not under a Covenant.

## Advice on asking the Father

---

Here is some advice for whenever you pray asking for some help from The Father

- Be doing good. You may have sinned, but have stopped, and you must have made restitution and asked forgiveness from whoever you have hurt.

Jesus said: if you anything against a brother you must rectify the situation before you approach The Father. He said leave your gift at the altar, and go and make it up with your brother.

- Know what you are asking for. What do you understand by ‘daily bread?’ These are the teachings of Jesus.

- What does it mean for The Father’s Will to be done on Earth? It means to implement the Kingdom of God on earth.

- What is the evil that you expect to be delivered from? Use your imagination.
- What does it mean by ‘lead us not into temptation?’ It means to help you from **desiring** attachments for things you think you need to make you happy, food, friends, ambitions and ‘stuff.’ Be prepared to give them up if someone else needs them. The Father wants you to **desire** only a relationship with Jesus.

A Jesuit priest Anthony De Mello taught us about attachments. Read the book [Awareness](#), or watch on [YouTube](#).

To learn how to be good, and how not to sin, you must do the 30 least commandments of Jesus. You do not have to follow the Law of the Tanakh, which was created for the Israelites, and not for gentiles.

Read my book [It's all about Jesus book TWO.](#)

## Pray Continually

---

Jesus said:

(Lu 21:36) Watch ye therefore, and pray always, that ye may be accounted worthy to escape all these things that shall come to pass, and to stand before the Son of man.

“pray always,” does not mean you should petition The Father or Jesus continuously, but that your thoughts all day long should include *The Father*.<sup>10</sup>

Easy to do if you are a Monk who doesn't have to work at a job, or take care of children. But for most people, attention is

---

<sup>10</sup> In his book 'The Graces of Interior Prayer, Fr. Poulain S.J. Describes in detail four types of prayer.

focussed on getting through the day's obligations - there hardly seems any time for *The Father* at all. But this is only because they don't understand what it means to be in prayer always.

Let me give you an example of what I do.

I am a writer and a teacher of theology, and I spend many hours each day thinking, reading and writing about *The Father*, just as I am doing right now writing these notes to you.

Last night, I started thinking about prayer. I opened a book on prayer by Origen, fell asleep with the book on my chest, and finally went to bed with his thoughts on my mind. I woke this morning to study something else, fell asleep thinking about that topic.

I have been in prayer since last night. I have taken time to sleep, to feed the dogs,

make breakfast and lunch, but even when I was doing those jobs, I was looking for inspiration.

Let's say you wake up and begin to worry about getting the children up, feeding them, and getting them ready for school. Or you wake up worrying about a presentation you must make at work, or a sales call you are not looking forward to.

You worry about things until the day is over, and then you worry about the next day, and so on. This is the life of many people. It must be very distressing to go through such things every day. Even weekends are spoiled if something has to happen on Monday.

## Don't worry, be happy

---

I may worry about something for a few seconds, but I have learnt how to deal with worry. Jesus told me in the story of the storm in the sea of Galilee, <sup>11</sup> but the answer was hidden and I had to ponder <sup>12</sup> on it a lot. I eventually wrote seven pages of understanding of these few verses. If you read my article on the *Storm in the Sea of Galilee*, you would understand. <sup>13</sup>

---

<sup>11</sup> Mk 4:35 - 41 also read Ps 107:23 to see the cause.

<sup>12</sup> To ponder about something is prayer. Ponder means puzzle over, contemplate, meditate.

<sup>13</sup> The Storm in the Sea of Galilee and trusting in God [GET PDF](#)

Jesus has left us some sayings that explain how to stop worrying. They are presented as parables to the multitudes but to those devoted to The Father He has explained the methods to stop worrying. I use them all the time.

## **Doing your part? Sometimes**

---

Anthony De Mello told an illuminating story which will make you laugh. Here it is:

A religious prayed to *The Father* to win the lottery. He prayed every day for six months and nothing happened, so he thought he must be doing his prayer wrong. He doubled his effort, stayed on his knees twice as long and prayed for another six months. Finally he could stand it no longer and he raised his fist to God and said God, God, where are you? I have been praying

P. 40

now for a year and still haven't won the lottery.

A deep voice came from Heaven. "You idiot, you have to buy a lottery ticket first!"

His message was that there is something you must do before your prayer can be answered. But I have found that prayers can be answered without you doing anything at all. The Grace of ***The Father*** sometimes takes over and makes things happen, anyway.

---

## **Ask for spiritual gifts, not toys**

---

Now, don't think you can ask ***The Father*** for toys - He doesn't have any to give. You have to ask for Grace to help you deal with major problems. Don't ask for little problems, ask for big problems. Let ***The***

P. 41

***Father*** know your problem; then remove it from your cares, and get back to doing the will of ***The Father***. That is how you eliminate the worry.

While you potter around doing something for ***The Father***, the solution will come to you. It could be insight. god<sup>3</sup> may communicate with someone else via the Spirit, and that someone may do something unexpected which will benefit you. I have used this method for many years. Finally in July 2012, I was able to point out where in the Bible it describes this method. I have many examples to tell you, many of which are on my web site. The key to this method is that you have to understand that god<sup>3</sup> causes you to worry in the first place. Read [The Storm in he Sea of Galilee.](#)

God causes you to worry when you have forgotten Him, that's His way of getting your attention. If you worry then you have temporarily forgotten God.

## Humility

---

You must pray for knowledge and understanding, which are two of the seven graces from ***The Father***. Perhaps you haven't yet responded to the seven gifts. Okay, so one of them was humility - the first one teaches you how to fear The Father.

Who wants to be afraid of The Father? But that's not what the phrase in the KJV means at all. If you had studied the scriptures and read some good commentaries, you would know what it means to 'fear god.' If you allowed the grace of humility to work in you you would be *poor in spirit*.

From Hwylcom.org

The fear of God is the first virtue that is received as a blessing to those who are poor in spirit. This fear is not something to make you afraid, it is a blessing to make you consider God in everything you think and do. You may imagine that God is not only watching and listening to you, but that God is present all the time, advising you and chastising you. You could silently think about him while you are loading the dish washer, or making dinner, or watching your dogs play.

When you respond to this grace, you are in prayer, and god<sup>3</sup> knows it. Strangely, you will be unable to worry while you are in prayer.

For those of you who clicked on the link to “*the Storm in the sea of Galilee.*” and read it through, you already know what causes worry. I’ll leave the rest of you to go back

and read it, while I move on to other facets of prayer.

## **Freedom, but put *The Father* first**

---

Being humble also means that you won't make any decisions without involvement of *The Father*.

Should you ask *The Father* to choose for you? No, that doesn't work. *The Father's* greatest gift which He demonstrated to man through the life of Jesus, was the freedom for any one to make his own choice.

There was a big battle in the Church in the 6th century about whether Jesus had the free will to disobey The Father. They finally agreed that Jesus did but He chose to do the will of His Father.

Freedom of choice doesn't mean you are free to do whatever you want without fear of reprimand, which is what Luther taught.

It means you are free to obey or to ignore the will of The Father, and that disobedience does not have any impact on your relationship with the Father. Read the prodigal Son story. You will only suffer the normal consequence of making a mistake.

In contrast the Pharisees taught that everyone must be obedient to the Law, otherwise **all** the tribe would suffer the consequences. Hashem punished those who did not obey his Laws, and their families etc.

You must make the decisions, whether to follow The Father's advice or not, but only ask for it after you have studied everything you can lay your hands on that speaks to whatever it is you have to do. You have to

P. 46

“buy the lottery ticket” first before you petition The Father.

As you study the material, you will come across ideas that excite you, and this is ***The Father*** guiding you. I call it ‘God interfering in my life.’ You will “know” when something is a “good” idea.

Important! Don’t jump to conclusions that a warm fuzzy feeling in your “bosom” means it is the best choice for you. Marriages have been wrecked on such flimsy evidence. You must ponder on the information, sleep on it. Is this advice from The Father or not? How can you be sure? Now is the time to ask The Father directly whether or not this idea comes from Him. How to do this?

## Let go your desire for attachments

---

Convince *The Father* that you don't really care about the outcome of the thing that is worrying you. Whatever happens happens, and you aren't going to be unhappy if the worst happens, because it can't be as tragic as losing your relationship with Jesus and The Father. If you 'keep' Jesus's words you will always have The Father and The Son with you.

Okay, so the house burnt down, your family snaps are gone, your hard drives have melted, and everything you have worked on for the last year has gone up in smoke.

Thank *The Father* that you, your spouse, the children and dogs are safe, and don't worry about it. *The Father* will take care of everything through other people. If you are a good person, as Jesus defines a good

P. 48

person in Matthew, people will come from the East and the West to help you. You will make a fresh start.

So let *The Father* know that you have no desire for attachments to anything worldly, just desire for His Grace. This is the key to happiness.

Attachments are things, people, ambitions, and anything worldly you think is essential for happiness,

Of course, you may think that the prospect of abandoning your work ambitions, the desire for a bigger house, a new car, and a nice holiday in Europe, would be the end of the world.

Why are you working so hard if not to buy those things?

Well, of course that is the Western world's ambition for you. They hope you will

P. 49

consume more food, spend more money at Wal-Mart, or Macy's, burn more gasoline, use more electricity, pay more interest and so on.

They say: If you don't fall in with us, you will be ruining the US economy. You must talk to ***The Father*** about this, read the scriptures. Did The Master teach anybody to live like you do? Nope. He said to his disciples: trust ***The Father*** for everything, he will provide what you need.

How can anyone worry about anything as long as ***The Father*** is providing what you need?

Jesus taught us that there is no need to save for a rainy day; no need to buy stuff *just in case*. Okay, things may fall apart with the world, you may go broke, but keep ***The***

P. 50

**Father** in the loop Jesus said, and don't worry about it.

## Simplify your life

---

You can live very simply and be very happy. I have spent years with people who had absolutely no source of income, except what they could earn doing odd jobs. You have never seen people with so many friends.

I once left a job making \$100,000+ a year and learned to live on \$1,000 a month in Mexico. I did it again, retired from a job making over \$100,000+ and sailed to Grenada BWI. I didn't drink, didn't smoke, just loved the world that **The Father** has created for us. And **The Father** loved that I enjoyed it.

**The Father** saw everything through my eyes, and ears, and hands - because **The**

***Father*** has no body parts, and if it hadn't been for man he wouldn't have known the beauty of what He had created.

**Joy is also prayer because you are showing *The Father* how much his creation means to you.**

## Doing for others

---

Another form of prayer is helping other brethren. Now, I am not talking about mowing the lawn for a friend - that is not prayer.

But holding someone's hand during recovery from surgery, reading scripture to someone who is blind, having lunch with someone who has just lost a wife, while talking about ***The Father***, or helping someone to understand ***The Father***; it is all prayer.

The Master said you must *love one another* that was his commandment to the brethren. It also applies to members of our own congregation, which means you must help anyone if they stumble spiritually.

I meet with someone every week to talk about ***The Father*** and I enjoy every minute of the conversations. This was ***The Father's*** idea to keep me from being a recluse, and to also sharpen my mind.

Yet, I do help a few people when they are in need. Whatever you do for others you are really doing for your own satisfaction, and that's okay, but don't count it as *work you are doing for God*. It doesn't count unless you are teaching about The Father at the same time.

## Gospel of Jesus

---

The Gospel of the kingdom of God that Jesus taught to his disciples, which is summarized in the “Cliff Notes” of the New Testament, *is* prayer. Whether you are doing it, or teaching it, or just writing about it, you are in prayer, and ***The Father*** knows *you* because of it. Remember: The Father is within you.<sup>14</sup>

## The Jesus Prayer

---

Another Prayer that has always worked since the beginning, is the Jesus Prayer

“Lord Jesus Christ, have mercy on me, a sinner.”

---

<sup>14</sup> Read The Kingdom of God at [hwylcom.org](http://hwylcom.org)

The Monks would say this frequently so that it became almost automatic, and they would repeat this while they worked.

## *The Father and health*

---

You can also talk to *The Christ* directly relating to the health issue. The Kingdom of God is within you, as Jesus promised,” if you keep my words.”<sup>15</sup>

Here is what religious have done for thousands of years.

Pray this prayer often.

“Every day in every way, I am getting better and better.”

---

<sup>15</sup> Type into the Google browser search **hwylcom.org keep my words** and it will bring up the link to the articles I have written. You can find any subject I have included on the web site using the same search method.

## Praying for others

---

If a good person is sick and in Hospital with some awful disease, the Father already knows what they need. The patient must want to get better. Even if they are unable to speak, or even if they are unconscious, as long as their heart is pumping the Spirit is within them, and can communicate with the Spirit of the Father. What is coming from their heart directly to the spirit of the Father and Son takes precedent over any outside prayer.

If a group of parishioners is attempting to summon God to intervene in the person's life, let us hope that they are all **good people** who are in agreement with the wishes of the patient.

If you are praying for someone, you must know that the patient is a child of The

Father, and therefore brother or sister to Jesus. And the prayer group must agree with the patients theology. They must be directing prayer to the same Father.

Is anyone in the group not a child of the Father? If not, he/she will interfere with the prayers of other in the group.

If I was sick in Hospital, I would want to see only a priest, or a friend whose theology I know, and who is definitely a child of The Father.

So, there you have it. The answer to all your problems is to involve The Father and Christ in your everyday life. They will guide you by inspiration from your conscience. You have to do your homework and read up everything related to your problem, then you must ponder on it. Listen to the voice within you and follow your conscience.

